



# GYM SCHEDULE

## SPRING 2 APRIL 22 - JUNE 16

FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

**GYM SCHEDULE**

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY	
5:00am								5:00am
5:30am								5:30am
6:00am								6:00am
6:30am		Open Gym 5:00-8:30am		Open Gym 5:00-8:30am	Open Gym 5:00-9:00am		Facility Opens @ 7:00 am Open Gym 7:00-8:00am	6:30am
7:00am	Open Gym 5:00-10:00am		Open Gym 5:00-11:00am			Open Gym 6:00-9:00am		7:00am
7:30am								7:30am
8:00am								8:00am
8:30am								8:30am
9:00am						Youth Hockey 9:00-10:00am		9:00am
9:30am					Homeschool 9:00am-11:00am	Open Gym 10:00-11:00am		9:30am
10:00am	Stretch & Balance 10:00-11:00am	Open Gym 1/2 10:00-11:00am					Men's Basketball League 8:00-12:30pm	10:00am
10:30am								10:30am
11:00am	Senior Fitness 11:00-12:00pm	Class Academy 1/2 8:30-2:00pm	Senior Fitness 11:00-12:00pm	Class Academy 1/2 8:30-2:00pm	Senior Fitness 11:00-12:00pm			11:00am
11:30am		Open Gym 1/2 8:30-2:00pm		Open Gym 1/2 8:30-2:00pm		Kidsafe Karate 1/2 11:00-2:00pm		11:30am
12:00pm								12:00pm
12:30pm	Lunch Break Basketball 12:00-2:00pm		Lunch Break Basketball 12:00-2:00pm		Lunch Break 12:00-2:00pm		Open Gym 12:30-2:00pm	12:30pm
1:00pm								1:00pm
1:30pm								1:30pm
2:00pm								2:00pm
2:30pm						Birthday Party 1/2 2:00-4:00pm	Birthday Party 1/2 2:00-4:00pm	2:30pm
3:00pm							Open Gym 1/2 2:00-4:00pm	3:00pm
3:30pm					Open Gym 2:00-5:30pm			3:30pm
4:00pm						Open Gym 4:00-5:00pm		4:00pm
4:30pm							Open Gym 4:00-6:00pm	4:30pm
5:00pm								5:00pm
5:30pm					Birthday Party 1/2 5:30-7:30pm	Birthday Party 1/2 5:00-7:00pm		5:30pm
6:00pm	Open Gym 2:00-10:00pm	Open Gym 2:00-10:00pm	Open Gym 2:00-10:00pm	Open Gym 2:00-10:00pm	Open Gym 1/2 5:30-7:30pm	Open Gym 1/2 5:00-7:00pm		6:00pm
6:30pm								6:30pm
7:00pm						Open Gym 7:00-8:00pm		7:00pm
7:30pm								7:30pm
8:00pm								8:00pm
8:30pm							Facility Closes @ 6:00pm	8:30pm
9:00pm					Open Gym 7:30-10:00pm			9:00PM
9:30pm						Facility Closes @ 8:00pm		9:30pm
9:45pm								9:45pm
10:00pm								10:00pm

The YMCA reserves the right to make changes at any time. Schedules are also available at [TheCommunityYMCA.org](http://TheCommunityYMCA.org).