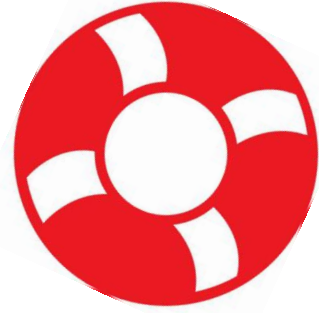




FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY



LIFE SAVING SKILLS

Lifeguard Certification Course

Through classroom learning and hands-on practice in and out of the water, you'll learn: Surveillance skills to help you recognize and prevent injuries, rescue skills - in the water and on land, first aid training and professional rescuer CPR with AED.

FEBRUARY COURSE

Mandatory Pre-Test:
February 2 at 11:00am
Course Dates:
Sunday, February 3
Sunday, February 10
Sunday, February 17
Sunday, February 24

MARCH COURSE

Mandatory Pre Test:
March 2 at 11:00am
Course Dates:
Sunday, March 3
Sunday, March 10
Sunday, March 17
Sunday, March 24

APRIL COURSE

Mandatory Pre Test:
April 6 at 11:00am
Course Dates:
Saturday, April 13
Sunday, April 14
Saturday, April 27
Sunday, April 28

MAY COURSE

Mandatory PreTest
May 3 at 3:30pm
Course Dates:
Saturday, May 4
Sunday, May 5
Saturday, May 11
Sunday, May 12

Lifeguard candidates must attend all scheduled classes from 11:00 – 4:00 pm, there are no make-up sessions.

COST

\$20 for the pre-test, \$350 for the full course
Course fees include American Red Cross Lifeguarding, First Aid, CPR & AED, as well as a resuscitation mask. Student manual can be downloaded online at www.redcross.org or can be purchased at YMCA Camp Zehnder for an additional fee, while supplies last.

For more information please contact Alicia Kelly, 732. 836. 9177 or akelly@cymca.org

THE COMMUNITY YMCA

Lass Aquatics Center at Camp Zehnder

3911 Herbertsville Road
Wall, NJ 08724

P. 732.836.9177

swimandmore@cymca.org

TheCommunityYMCA.org



Here for all.

Financial assistance is offered based on availability of funds.