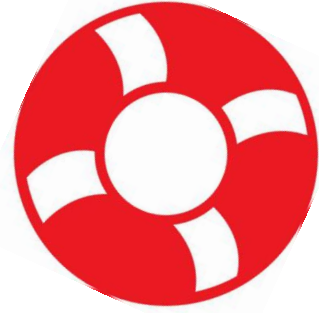




FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY



LIFE SAVING SKILLS

Lifeguard Certification Course

Through classroom learning and hands-on practice in and out of the water, you'll learn: Surveillance skills to help you recognize and prevent injuries, rescue skills - in the water and on land, first aid training and professional rescuer CPR with AED.

All classes will be held at Camp Zehnder Aquatics Center.

FEBRUARY COURSE	MARCH COURSE	APRIL COURSE	MAY COURSE
Mandatory Pre-Test: February 2 at 11:00am	Mandatory Pre Test: March 2 at 11:00am	Mandatory Pre Test: April 6 at 11:00am	Mandatory PreTest May 3 at 3:30pm
Course Dates: Sunday, February 3 Sunday, February 10 Sunday, February 17 Sunday, February 24	Course Dates: Sunday, March 3 Sunday, March 10 Sunday, March 17 Sunday, March 24	Course Dates: Saturday, April 13 Sunday, April 14 Saturday, April 27 Sunday, April 28	Course Dates: Saturday, May 4 Sunday, May 5 Saturday, May 11 Sunday, May 12

Lifeguard candidates must attend all scheduled classes from 11:00 – 4:00 pm, there are no make-up sessions.

COST

\$20 for the pre-test, \$350 for the full course
Course fees include American Red Cross Lifeguarding, First Aid, CPR & AED, as well as a resuscitation mask. Student manual can be downloaded online at www.redcross.org or can be purchased at YMCA Camp Zehnder for an additional fee, while supplies last.

For more information please contact Alicia Kelly, 732. 836. 9177 or akelly@cymca.org

THE COMMUNITY YMCA

Lass Aquatics Center at Camp Zehnder

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swimandmore@cymca.org

TheCommunityYMCA.org



Here for all.

Financial assistance is offered based on availability of funds.