



BAYSHORE FAMILY SUCCESS CENTER

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 Leonardo, NJ 07737
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 Email: familysuccess@cymca.org

Monday & Tuesday: 9 AM – 5 PM
 Wednesday & Thursday: 11 AM – 7 PM
 Friday: 9 AM – 3 PM
 Saturday 10 AM – 12 PM

LET'S CONNECT!



TheCommunityYMCA.org/bfsc
Facebook.com/BayshoreFSC

June 2018

Resilience. Effective parents take time to recharge their own emotional resource. This practice leads to increased resilience. Teaching your children this coping mechanism helps them handle challenges and solve problems as they grow.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Book Club Book: "The 100 Year Old Man Who Climbed Out A Window And Disappeared" by Jonas Jonasson		<p>The Center is operated by The Community YMCA and funded by the New Jersey Division of Family and Community Partnerships.</p>			1	2 9:00am-12pm Keansburg Resource Fair 10:30am Financial Peace University, BFSC
3	4 10am & 7pm Walking Club, Beachway & Main, Keansburg	5 9:30am Stroller Class, BFSC	6 4:30pm Drop-in Lego Club, BFSC	7	8	9 10:30am Financial Peace University, BFSC
10	11 10am & 7pm Walking Club, Beachway & Main, Keansburg 2:30-4:30pm Child Care Resources, BFSC	12 9:30am Stroller Class, BFSC 10am Grandparents Group, Atlantic Highlands Library	13 5:30pm LGBTQ Acceptance Workshop, BFSC	14 10:00am Park Playdate, Harborside Park, Atlantic Highlands	15	16 10:30am Financial Peace University, BFSC
17 Happy Father's Day 	18 10am & 7pm Walking Club, Beachway & Main, Keansburg	19 9:30am Stroller Class, BFSC 5-7pm Girls Night In, Thorne	20 6:00pm Beach Party, Union Beach		22	
24	25 10am & 7pm Walking Club, Beachway & Main, Keansburg	26 9:30am Stroller Class, BFSC 10am-4pm Application Assistance, BFSC	27	28 6-7pm Bayshore Book Club, Union Beach Library	29 10:30am End of School Celebration, McMahan Park, N. Middletown	30 10:30am Financial Peace University, BFSC

June Activities

June is **LGBTQ Pride Month**

Book Club Book: "100 Year Old Man Who Climbed Out A Window" by Jonas Jonasson

Application Assistance:

- Child Care Resources will be on site helping families find child care: June 11, 2:30-4:30pm, Bayshore Family Success Center, Leonardo.
- Fulfill will have a Benefits Outreach worker available to assist with the application process for SNAP, GA, TANF, and Medicaid applications. June 26, 10am-4pm. Call for an appointment. Bayshore Family Success Center, Leonardo.

Support Groups:

- Grandparents Group: Tuesday, June 12, 10am. Join our grandparents group and learn valuable information, share resources and help in the development of needed programs and activities. Atlantic Highlands Library, Atlantic Highlands.

Community Advisory Committee Meetings: Each community has its own Community Advisory Committee (CAC) that meets once a month and helps direct the initiatives of the Center. We help implement the programs and events that your community needs and wants. All are welcome, be on the lookout for the meeting in your town! For more information, contact amaresco@cymca.org.

Life Skills: We offer a variety of programs and activities to help you succeed in life!

- Keansburg Resource Fair, Saturday, June 2, 9am-12:30pm. Beachway & Main, Keansburg.
- Financial Peace University: Saturdays, June 2 – August 4, 10:30am-12:30pm. Bayshore Family Success Center, Leonardo. **Pre-registration required.**
- LGBTQ Acceptance Workshop: Wednesday, June 13, 5:30pm. Making it Better 4 Youth organization is conducting a workshop to foster acceptance and tolerance of LGBTQ youth. Join us and help make our community more accepting and tolerant. Bayshore Family Success Center, Leonardo.
- Girls Night In: Tuesday, June 19, 5-7pm, Thorne Middle School.

Family Fun!: Join members of the Bayshore Family Success Center at various locations throughout the month for family fun and entertainment!

- Walking Club: Mondays, 10am. Meet new people and get fit at the same time! The Keansburg Walking Club meets every Monday at 10 am in the parking lot on Beachway & Main, Keansburg and walks for 30 minutes.
- Drop-in Lego Club: Wednesday, June 6, 4:30 pm. Let your imagination run wild and build whatever you want with our expansive Lego collection! All are welcome to join us at our Lego Club! Bayshore Family Success Center, Leonardo.
- Mom & Me Stroller Workouts: Tuesdays 9:30-10:30am. Moms of all fitness levels with one or more stroller-aged children are welcome. These total body work outs will incorporate strength, cardio, and flexibility and will have you leaving class feeling both energized and connected. Do something for you with your little one in tow! Bayshore Family Success Center, Leonardo.
- Beach Party: Wednesday, June 21, 6-9pm. Union Beach beachfront.
- Park Playdate: Thursday, June 14, 10am. Meet us at Harborside Playground in Atlantic Highlands for fun and playground games!
- Bayshore Book Club: Thursday, June 28, 6 pm. This month we are reading "100 Year Old Man Who Climbed Out A Window" by Jonas Jonasson. Join us for a lively discussion, all are welcome, Union Beach library, Union Beach.
- End of School Celebration: Friday, June 29, 10:30am. Let's celebrate the end of the school year and kick off summer with a fun park playdate! McMahan Park, North Middletown.