



# BAYSHORE FAMILY SUCCESS CENTER

945 State Highway 36  
 Leonardo, NJ 07737  
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Monday & Tuesday: 9 AM – 5 PM  
 Wednesday & Thursday: 11 AM – 7 PM  
 Friday: 9 AM – 3 PM  
 Saturday 10 AM – 12 PM

LET'S CONNECT!



TheCommunityYMCA.org/bfsc  
 Facebook.com/BayshoreFSC

## May 2018

**Social & Emotional Competence.** Studies show that children who possess high social and emotional competence are more confident in school and have more friends, leading to more success navigating relationships in personal and professional lives.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>Book Club</b> <b>Book:</b> "100 Year Old Man Who Climbed Out A Window" By Jonas Jonasson	 <b>Mental Health Awareness Month</b>	<b>1</b>	<b>2</b> <b>4:30pm</b> Drop-in Lego Club, BFSC	<b>3</b>	<b>4</b>	<b>5</b> <b>10am-12pm</b> Tutoring <b>12-6pm</b> Campo de Mayo, Camp Zehnder
<b>6</b>	<b>7</b> <b>10am &amp; 7pm</b> Keansburg Walking Club	<b>8</b> <b>10am</b> Grandparents Group, Atlantic Highlands Library <b>9:30-10:30am</b> Mom & Me Stroller Workout Class, BFSC <b>7-9pm</b> ESL, Keyport Library	<b>9</b> <b>4pm</b> Mother's Day Craft, Union Beach Library	<b>10</b>	<b>11</b>	<b>12</b> <b>10am-12pm</b> Tutoring
<b>13</b> <b>Happy Mother's Day</b> 	<b>14</b> <b>10am &amp; 7pm</b> Keansburg Walking Club <b>2:30-4:30pm</b> Child Care Resources, BFSC	<b>15</b> <b>9:30-10:30am</b> Mom & Me Stroller Workout Class, BFSC <b>7-9pm</b> ESL, Keyport Library	<b>16</b>	<b>17</b>	<b>18</b> <b>6-9pm</b> Family Bingo, Keyport	<b>19</b> <b>10am-12pm</b> Last Day of Tutoring
<b>20</b>	<b>21</b> <b>10am &amp; 7pm</b> Keansburg Walking Club	<b>22</b> 9:30-10:30am Mom & Me Stroller Workout Class, BFSC 6-8pm Girls Night In, Thorne Middle School 7-9pm ESL, Keyport Library	<b>23</b> <b>10:25-11:20am</b> Whole Hearted Girls Group, MHSS	<b>24</b>	<b>25</b>	<b>26</b> <b>Center Closed Memorial Day Weekend</b>
<b>27</b>	<b>28</b> <b>Center Closed</b> 	<b>29</b> <b>9:30-10:30am</b> Mom & Me Stroller Workout Class, BFSC	<b>30</b>	<b>31</b> <b>6-7pm</b> Bayshore Book Club, Union Beach Library		 <small>The Center is operated by The Community YMCA and funded by the New Jersey Division of Family and Community Partnerships.</small>

## **May Activities:**

May is **Mental Health Awareness Month**

**Book Club Book:** "100 Year Old Man Who Climbed Out A Window" by Jonas Jonasson

### **Application Assistance:**

- Child Care Resources will be on site helping families find child care: May 14<sup>th</sup> 9, 2:30-4:30pm, Bayshore Family Success Center, Leonardo.

### **Support Groups:**

- Grandparents Group: Tuesday, May 8, 10am. Join our grandparents group and learn valuable information, share resources and help in the development of needed programs and activities. Atlantic Highlands Library, Atlantic Highlands.

**Community Advisory Committee Meetings:** Each community has its own Community Advisory Committee (CAC) that meets once a month and helps direct the initiatives of the Center. We help implement the programs and events that your community needs and wants. All are welcome, be on the lookout for the meeting in your town! For more information, contact [amaresco@cymca.org](mailto:amaresco@cymca.org).

**Life Skills:** We offer a variety of programs and activities to help you succeed in life!

- Tutoring: Every Saturday, 10 am - 12 pm Bayshore Family Success Center, Leonardo; Union Beach Library, Union Beach; Keyport Library, Keyport. Team up with a high school student and get help with your school work! Help is available at no cost. Students in grades K-8 welcome. Last Day: May 19. **Registration required.**
- ESL Classes: English as a Second Language classes offered for free every Tuesday from 7-9 pm at the Keyport Library.
- Girls Night In: May 22, 6-8pm, Thorne Middle School.

**Family Fun!:** Join members of the Bayshore Family Success Center at various locations throughout the month for family fun and entertainment!

- Drop-in Lego Club: Wednesday, May 4, 4:30 pm. Let your imagination run wild and build whatever you want with our expansive Lego collection! All are welcome to join us at our Lego Club! Bayshore Family Success Center, Leonardo.
- Mom & Me Stroller Workouts: Tuesdays 9:30-10:30am. Moms of all fitness levels with one or more stroller-aged children are welcome. These total body work outs will incorporate strength, cardio, and flexibility and will have you leaving class feeling both energized and connected. Do something for you with your little one in tow! Bayshore Family Success Center, Leonardo.
- Mother's Day Craft: Wednesday, May 9, 4pm. Join us for a fun story time and Mother's Day inspired craft! Union Beach Library, Union Beach.
- Family Bingo, Friday, May 18. Family bingo game with pizza and prizes for all! Keyport Library, Keyport
- Bayshore Book Club: Thursday, May 31, 6 pm. This month we are reading "100 Year Old Man Who Climbed Out A Window" by Jonas Jonasson. Join us for a lively discussion, all are welcome, Union Beach library, Union Beach.