



FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

# 71% OF THE WORLD IS WATER CHILDREN ARE 100% CURIOUS

## Safety Around Water Week

Drowning can happen nearly anywhere with standing water. Safety Around Water is a 5 day intensive water safety program for our friends and neighbors in the community. This program is offered annually to first time participants who have little or no swimming ability. The SAW curriculum teaches children skills that will reduce the risk of drowning and give them confidence in and around water. Dryland exercises, water safety topics and homework is also provided to reinforce learning and make water safety a family initiative. Our goal is to make everyone feel safe and comfortable in and around the water!

### Monday, June 18 – Friday, June 22

> <b>Parent Child Classes</b> (6 mos. – 3 years)	9:35 a.m.	5:45 p.m.	
> <b>Preschool Classes</b> (Ages 3 – 5)	10:10 a.m. 4:00 p.m.	10:45 a.m. 4:35 p.m.	5:10 p.m.
> <b>Youth Classes</b> (Ages 6 – 11)	4:35 p.m.	5:10 p.m.	
> <b>Teen Classes</b> (Ages 12 – 17)	6:20 p.m.		
> <b>Adult Classes</b> (18 – Up)	9:00 a.m.	6:20 p.m.	



#### Community Program Fee: \$15

Since space is limited, registration is required and will begin on Friday, May 25.

Current Y members who have not already participated in a YMCA swim program will be placed on a waiting list and contacted if space is available. Program is not available to current swim lesson participants.

For more information, contact Barbara Freeman, Aquatics Director, 732.741.2504, ext. 223

## THE COMMUNITY YMCA

Family Health & Wellness Center

166 Maple Avenue  
Red Bank, NJ 07702

P. 732.741.2504, ext. 223  
aquatics@cymca.org

TheCommunityYMCA.org



Here for all.

Financial assistance is offered based on availability of funds.