



GYM SCHEDULE Summer: June 19 - August 20

	MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY		SATURDAY	SUNDAY	
5:00am							-				-		5:00am
5:30am	Open Gym 5:00-7:30am		Open Gym 5:00-7:30am		Open Gym 5:00-7:30am		Open Gym 5:00-7:30am		Open Gym 5:00-7:30am		Facility Opens @ 6:00 am Open Gym 6:00-8:30 am	Facility Opens	5:30am
6:00am													6:00am
6:30am													6:30am
7:00am													7:00am
7:30am	_	0 6	-	0 6		0 6		0 6		0 6	0:00-6:30 alli		7:30am
8:00am	Camp 1/2	Open Gym 1/2	Camp 1/2	Open Gym 1/2	Camp 1/2	Open Gym 1/2	Camp 1/2	Open Gym	Camp 1/2	Open Gym 1/2			8:00am
8:30am	7:30-	7:30-	7:30-	7:30-	7:30-	7:30-	7:30-	1/2 7:30-	7:30-	7:30-	YBL		8:30am
9:00am	7:50- 10:00am	10:00am	7:50- 10:00am	7:50- 10:00am	7:50- 10:00am	7:50- 10:00am	7:50- 10:00am	7:30- 10:00am	7:50- 10:00am	7:50- 10:00am	8:30-9:30am		9:00am
9:30am	10:00aiii	10.00aiii	10.00aiii	10:00aiii	10.00aiii	10.00aiii	10.00aiii	10.00aiii	10.00aiii	10.00aiii		Man'a Daalaathall	9:30am
10:00am	Stretch & Balance 10:00-11:00 am Senior Fitness		1/2 Open Gym 10:00- 12:00pm	Open Pickleball 10:00- 12:00	Open Gym 10:00-11:00am Senior Fitness 11:00-12:00 pm		1/2 Open Gym 10:00- 12:00pm	Open Pickleball 10:00- 12:00	Open Gym 10:00-11:00am Senior Fitness		1/2 Kidsafe Karate	Men's Basketball League 8:00- 1:00 pm	10:00am
10:30am													10:30am
11:00am													11:00am
11:30am	11:00 1	11:00 12:00 pm							11:00-12:00 pm				11:30am
12:00pm	Lunch Break Basketball				Lunch Break Basketball 12:00-				Lunch Break 12:00-1:30 pm		9:30-2:30pm	1	12:00pm
12:30pm													12:30pm
1:00pm	12:00-	12:00-1:30 pm				1:30 pm				1.50 piii		Open Gym	1:00pm
1:30pm												1:00-2:00 pm	1:30pm
2:00pm												Birthday Parties 1/2 Gym	2:00pm
2:30pm										ı Gym			2:30pm
3:00pm	Open Gym 1:30-10:00 pm		Open Gym 12:00-10:00pm		Open Gym		Open Gym 12:00-10:00pm		1:30-5:00pm Birthday Party/Family		Birthday Parties 1/2 Gym Open Gym 1/2 Gym	2:00-4:00 pm	3:00pm
3:30pm													3:30pm
4:00pm												Open Gym 4:00-6:00 pm	4:00pm
4:30pm													4:30pm
5:00pm													5:00pm
5:30pm													5:30pm
6:00pm						0:00 pm	ĺ		Nights		2:00-7:00 pm		6:00pm
6:30pm					·				1/2 Gym 5:00-8:00 pm		Facility Closes @ 7:00 pm	Facility Closes @ 6:00 pm	6:30pm
7:00pm													7:00pm
7:30pm													7:30pm
8:00pm									Open Gym 8:00-9:00 pm				8:00pm
8:30pm													8:30pm
9:00PM													9:00PM
9:30pm													9:30pm
9:45pm													9:45pm
10:00pm					l l		' '		1 !				10:00pm

The YMCA reserves the right to make changes at any time. Schedules are also available at TheCommunityYMCA.org.

6/13/2017

Posted