



BAYSHORE FAMILY SUCCESS CENTER

945 State Highway 36

Leonardo, NJ 07737

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Monday & Tuesday: 9 AM – 5 PM

Wednesday & Thursday: 11 AM – 7 PM

Friday: 9 AM – 3 PM

Saturday 10 AM – 12 PM

LET'S CONNECT!



TheCommunityYMCA.org/bfsc

Facebook.com/BayshoreFSC

August 2019

Social & Emotional Confidence. August is a good time to prepare kids to go back to school. Talk to your kids about changes in their summer friends. Find out if they feel anxious and allow them to express their feelings. Traditions like back-to-school shopping, practicing morning routines, and planning a last summer fun day can provide outlets for children's anxiety and get them excited to go (back) to school.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Book Club Book: "The Alice Network" by Kate Quin				1	2 10am-1pm Community Partnership Day, BFSC	3 10am-12pm Summer Packet Help 11am-1pm Financial Peace University, BFSC
4	5	6 10am Park Playdate. Veteran's Park, Highlands	7	8 5:00pm Game Night, United Methodist Church, Keansburg	9 10am Beginner Resume Writing Class, BFSC	10 10am-12pm Summer Packet Help 11am-1pm Financial Peace University, BFSC
11	12 12:00pm Lunch & Lawn, BFSC	13 9:30am Trail Run/Walk, BFSC 10am Grandparents Group, Atlantic Highlands Library	14 6pm Parents Support Group, BFSC	15 10am-1pm Community Health Fair & School Supply Event, BFSC	16	17 11am-1pm Financial Peace University, BFSC
18	19	20	21 4:30-6pm Women's Empowerment Group, Keansburg	22	23	24 11am-1pm Financial Peace University, BFSC
25	26	27 9:30am Trail Run/Walk, BFSC	28 10am-4pm Application Assistance, BFSC	29 6:30pm Bayshore Book Club, Union Beach Library	30	31

August Activities:

August is **National Parks Month**

August is **National Family Fun Month**

Book Club Book: "The Alice Network" by Kate Quin

Community Partnership Day:

- Outreach Workers from Child Care Resources and Monmouth County Social Services will be on site August 2, 10am - 1pm. Apply directly for services with Child Care Resources (childcare, day care, before/after school programs, summer camps), and Monmouth County Social Services, coffee and refreshments will be served. Bayshore Family Success Center, Leonardo.

Application Assistance:

- Fulfill will have a Benefits Outreach worker available to assist with the application process for SNAP, GA, TANF, and Medicaid applications. August 28, 10am – 4 pm. Call for an appointment. Bayshore Family Success Center, Leonardo.

Support Groups:

- Grandparents Group: Tuesday, August 13, 10am. Join our grandparents group and learn valuable information, share resources and help in the development of needed programs and activities. Atlantic Highlands Library, Atlantic Highlands.
- Parents Helping Parents: Wednesday, August 14, 6pm. A support group for parents and caregivers of special needs children & children with an IEP/504. Bayshore Family Success Center, Leonardo.

Employment Services:

- Beginner Resume Writing Workshop: Friday, August 9, 10am. Learn the stress-free way to develop your resume. Whether you have never had a resume before or your resume is outdated and needs refreshing, this is the workshop for you! Bayshore Family Success Center, Leonardo.

Community Advisory Committee Meetings: Each community has its own Community Advisory Committee (CAC) that meets once a month and helps direct the initiatives of the Center. We help implement the programs and events that your community needs and wants. All are welcome, be on the lookout for the meeting in your town! For more information, contact amaresco@cymca.org.

Life Skills: We offer a variety of programs and activities to help you succeed in life!

- Women's Empowerment Group: Wednesday, August 21, 4:30-6 pm. This exciting group is for women to share, explore, build skills, and empower one another to make positive changes in their lives and build happier, healthy families and futures.
- Financial Peace University: Saturdays, July 13 – September 14, 11am – 1pm. Bayshore Family Success Center, Leonardo. **Pre-registration required.**
- Summer Packet Help & Tutoring: Saturday August 3 & 10, 10 am – 12 pm. Help with the summer homework packets & summer reading is available at three locations: Keyport Library, Union Beach Library, and Bayshore Family Success Center, Leonardo. **Pre-registration required.**

Family Fun!: Join members of the Bayshore Family Success Center at various locations throughout the month for family fun and entertainment!

- Park Playdate: Tuesday, August 6, 10am. Meet us at Veteran's Park in Highlands for some playground fun while learning more about our upcoming events.
- Family Game Night: Thursday, August 8, 5pm. Celebrate National Family Fun Month with us! Come by the United Methodist Church in Keansburg for a fun night of family friendly board games! United Methodist Church, 21 Church Street, Keansburg.
- Lunch & Lawn: Monday, August 12, 12pm. Grow your own little lawn while enjoying lunch with friends. Bayshore Family Success Center, Leonardo.
- Trail walk/run: Tuesdays August 13 & 27, 9:30 am. Join us as we explore the Henry Hudson Trail on foot. Walkers and runners welcome, go at your own pace and be surrounded by support! Meet at the Bayshore Family Success Center, Leonardo
- School Supply Health Fair: Thursday, August 15, 10am – 1 pm. Visit with our health providers, get free screenings, and learn how to take better care of yourself and your family. We will also have school supplies for all attendees, so be sure to stop by!
- Bayshore Book Club: Thursday, August 29, 6:30 pm. This month we are reading "The Alice Network" by Kate Quin. Join us for a lively discussion, all are welcome. Union Beach Library, Union Beach.