



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

SPRING 1 SWIM SCHEDULE February 25–April 21 (No Classes April 20&21)

Registration starts February 11

PARENT & CHILD STAGES

HUBER POOL | 30 MINUTES | Members: \$85 | Program Participants: \$130

PARENT & CHILD STAGE	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
A. WATER DISCOVERY 6 – 18 MONTHS						8:30 am	
B. WATER EXPLORATION 19 – 36 MONTHS						9:00 am	
PARENT & CHILD COMBO 6 – 36 MONTHS		10:05 am	10:05am	10:05am	10:05am		9:00am

PRESCHOOL STAGES

HUBER POOL or BODMAN POOL | 30 MINUTES | Members: \$85 | Program Participants: \$130

PRESCHOOL STAGE	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
1. WATER ACCLIMATION 3 – 5 YEARS HUBER POOL	10:05am 4:05pm 5:15pm	10:40am 5:30pm	4:40pm	4:05pm		9:45 am 10:20am 10:55am 11:30am	9:30 am
2. WATER MOVEMENT 3 – 5 YEARS HUBER POOL	5:30pm	3:30pm 4:45pm	4:00pm 4:55pm	11:15am 3:30pm	10:40am	9:45am 10:20am 10:55am 11:30am	10:00 am
3. WATER STAMINA 3 – 5 YEARS HUBER POOL		4:05pm	11:15am 4:20pm 5:30pm	11:15am 4:40pm		9:45am 10:20am 10:55am 11:30am	10:30 am
4. STROKE INTRODUCTION 3 – 5 YEARS BODMAN POOL		4:00pm	3:30pm		11:15am (Huber Pool)	11:00am	
5. STROKE DEVELOPMENT 3 – 5 YEARS BODMAN POOL	4:15pm	3:30pm	4:00pm			9:40am	

YOUTH STAGES— INTERMEDIATE

BODMAN POOL | 45 MINUTES | Members: \$112 | Program Participants: \$168

YOUTH STAGE	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
1. WATER ACCLIMATION 6 – 12 YEARS HUBER POOL	4:45pm		5:30pm			9:30am	
2. WATER MOVEMENT 6 – 12 YEARS BODMAN POOL		3:45pm	5:20pm	5:15pm		11:00am	
3. WATER STAMINA 6 – 12 YEARS BODMAN POOL	3:30pm	4:30pm				8:30am 10:10am	
4. STROKE INTRODUCTION 6 YEARS & UP BODMAN POOL		5:25pm	4:30pm			9:20am 11:00am	

THE COMMUNITY YMCA

Family Health & Wellness Center

166 Maple Avenue
Red Bank, NJ 07701

P. 732.741.2504 ext 211
aquatics@cymca.org

TheCommunityYMCA.org



Here for all.

Financial assistance is offered based on availability of funds.

YOUTH STAGES — ADVANCED

BODMAN POOL | 45 MINUTES | Members: \$112 | Program Participants: \$168

STAGE	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
5. STROKE DEVELOPMENT 6 YEARS & UP	5:00 pm		4:30 pm			10:10 am	
6. STROKE MECHANICS 6 YEARS & UP	5:45 pm		5:20 pm			11:30am	

PRE – COMPETITIVE

BODMAN POOL | 60 MINUTES | Members: \$162 | Program Participants: \$246

STAGE	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
COMPETITIVE STROKE 8 - 17 YEARS		6:10 pm	6:05 pm	6:00 pm		8:30 am	

ADULT LESSONS

HUBER or BODMAN POOL | 45 MINUTES | Members: \$112 | Program Participants: \$168

STAGE	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
TEEN/ADULT BEGINNER 13 YEARS & UP				3:15pm			
ADULT INTERMEDIATE 18 YEARS & UP			9:15 am	9:15 am			
ADULT ADVANCED 18 YEARS & UP							

Y-MASTERS

BODMAN POOL | 90 MINUTES | Members: seebelow | Program Participants: see below

STAGE	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
ADULT MASTER 18+ YEARS				7:00 pm		7:00 am	

Y-MASTERS

One-Day, 8-Week session
Thursday or Saturday
Y Members: \$75
Program Participants: \$115

Two-Day, 8-Week session
Thursday or Saturday
Y Members: \$110
Program Participants:
\$170

CHOOSING THE RIGHT SWIM CLASS/LEVEL

If you cannot determine the right class or think your child has moved up since his/her last class, bring your swimmer in to be tested. Testing will ensure your child will be in the appropriate class.

PRIVATE LESSONS

Private swim lessons are for adults and children of ALL abilities to work with an instructor towards their goals. These 30-minute private lesson sessions are scheduled to accommodate your busy schedule and are available in increments of 1, 4 or 8. Share the lesson with a fellow Y member and save! **PLEASE NOTE:** There is a 24-hour cancellation policy on all private swim lessons. Services will be charged if an appointment is not cancelled 24 hours in advance.

PROGRAM CREDIT/REFUND POLICY

No refunds will be issued after classes begin. Credits will only be given if the program enrollee is unable to participate in that program due to a serious injury or illness that will cause them to miss three (3) or more consecutive classes during a session. Credit requests must be accompanied by a doctor's note and submitted to the Senior Director prior to the end of the session in which you are requesting a credit. Credits will be posted to your account and must be used within one year.

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