



YOUTH DEVELOPMENT PROGRAMS

WINTER PROGRAM SCHEDULE

> January 2 – February 23

YOUTH SPORTS AND ENRICHMENT WITH PARENT/CAREGIVER

2 – 4 years old

45 minutes

Members \$50

Program participants \$70

Paint and Play

Thursdays 10:00 a.m.

> Explore, paint, glue, collage and create with play dough while making new friends. Great for fine motor skills, social and creative development.



Kinder Gym

Tuesdays 9:00 a.m.

> Introduction to motor skill development. Toddlers have fun while developing everyday skills such as running, jumping, catching, throwing and balance. Great opportunity for young toddlers to socialize with others.

YOUTH SPORTS AND ENRICHMENT ON MY OWN

5 – 7 years old

45 minutes

Members \$50

Program participants \$70

Hoops Skills

Thursdays 4:00 p.m.

> Learn the fundamentals of the game while developing ball handling, passing, shooting, offensive skills and team work.

Sports Fusion

Tuesdays 4:15 p.m.

> Non-competitive instruction program designed to teach fundamentals, rules, teamwork and sportsmanship. Combines variety of sports and games while enhancing child's self-esteem.

SCHOOL-AGE SPORTS AND ENRICHMENT

1 Hour

Members \$55

Program participants \$75

Hoops Skills

Wednesdays 5:00 p.m.

Ages 8-12

> Learn the fundamentals of the game while developing ball handling, passing, shooting, offensive skills and team work.



Lego Creators

Mondays 4:15 p.m.

Ages 6-10

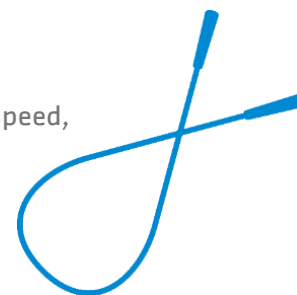
> Bring your imagination for both team and individual building projects from inventor inspired themes to race tracks.

Boot Camp

Thursdays 5:00 p.m.

Ages 7 – 12

> Focus on improving strength, speed, and agility. Stay active while having fun!



BIRTHDAY PARTIES

For information on hours and pricing, please contact Terrell Wilson at twilson@cymca.org.



THE COMMUNITY YMCA

Red Bank Family YMCA

166 Maple Avenue

Red Bank, NJ 07701

P. 732.741.2504

membership@cymca.org

TheCommunityYMCA.org



Here for all.

Financial assistance is offered based on availability of funds.