



GYM SCHEDULE

WINTER JANUARY 2 - FEBRUARY 24

FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

GYM SCHEDULE

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY	
5:00am	Open Gym 5:00-10:00am	Open Gym 5:00-8:30am	Open Gym 5:00-11:00am	Open Gym 5:00-8:30am	Open Gym 5:00-9:00am	Open Gym 6:00-8:00am	Facility Opens @ 7:00 am Open Gym 7:00-8:00am	5:00am
5:30am								5:30am
6:00am								6:00am
6:30am								6:30am
7:00am								7:00am
7:30am								7:30am
8:00am								Class Academy 1/2 8:30-2:00pm
8:30am	8:30am							
9:00am	9:00am							
9:30am	9:30am							
10:00am	10:00am							
10:30am	10:30am							
11:00am	11:00am							
11:30am	11:30am							
12:00pm	12:00pm							
12:30pm	12:30pm							
1:00pm	Open Gym 2:00-5:00pm	Open Gym 2:00-4:00pm	Open Gym 2:00-4:00pm	Open Gym 2:00-4:00pm	Open Gym 2:00-5:30pm	Open Gym 2:00-5:30pm	Open Gym 4:00-6:00pm	1:00pm
1:30pm								1:30pm
2:00pm								2:00pm
2:30pm								2:30pm
3:00pm								3:00pm
3:30pm								3:30pm
4:00pm								4:00pm
4:30pm								4:30pm
5:00pm								5:00pm
5:30pm								5:30pm
6:00pm	Lawyers League Basketball 5:00-10:00pm	Mid Monmouth Basketball 6:00-8:30pm	Open Gym 7:00-10:00pm	Intermediate Volleyball 7:00-10:00pm	Open Gym 7:30-10:00pm	Open Gym 7:30-10:00pm	Facility Closes @ 6:00pm	6:00pm
6:30pm								6:30pm
7:00pm								7:00pm
7:30pm								7:30pm
8:00pm								8:00pm
8:30pm								8:30pm
9:00pm								9:00pm
9:30pm								9:30pm
9:45pm								9:45pm
10:00pm								10:00pm

The YMCA reserves the right to make changes at any time. Schedules are also available at TheCommunityYMCA.org.