



GYM SCHEDULE

SPRING 2: APRIL 23 - JUNE 17

FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

GYM SCHEDULE

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY	
5:00am	Open Gym 5:00-10:00am	Open Gym 5:00-8:30am	Open Gym 5:00-9:30am	Open Gym 5:00-8:30am	Open Gym 5:00-9:00am	Open Gym 6:00-10:30am	Facility Opens @ 7:00 am Open Gym 7:00-8:00am	5:00am
5:30am								5:30am
6:00am								6:00am
6:30am								6:30am
7:00am								7:00am
7:30am								7:30am
8:00am								8:00am
8:30am	8:30am							
9:00am	Class Academy 1/2 8:30-2:00pm	Open Gym 1/2 8:30-2:00pm	Youth Sports 1/2 9:30-10:30am	Open Gym 1/2 9:30-10:30am	Home School 9:00-11:00am	Open Gym 6:00-10:30am	Men's Basketball League 8:00-1:30pm	9:00am
9:30am								9:30am
10:00am	Stretch & Balance 10:00-11:00am	Senior Fitness 11:00-12:00pm	Open Gym 10:30-11:00	Class Academy 1/2 8:30-2:00pm	Open Gym 1/2 8:30-2:00pm	Senior Fitness 11:00-12:00pm	Kidsafe Karate 1/2 10:30-2:00pm	10:00am
10:30am	Open 1/2 10:00-11:00am							10:30am
11:00am	Senior Fitness 11:00-12:00pm	Lunch Break Basketball 12:00-1:30pm	Senior Fitness 11:00-12:00pm	Class Academy 1/2 8:30-2:00pm	Open Gym 1/2 8:30-2:00pm	Senior Fitness 11:00-12:00pm	Lunch Break 12:00-1:30pm	11:00am
11:30am								11:30am
12:00pm	Lunch Break Basketball 12:00-1:30pm	Open Gym 2:00-5:00pm	Lunch Break Basketball 12:00-1:30pm	Open Gym 2:00-4:00pm	Open Gym 1:30-5:30pm	Lunch Break 12:00-1:30pm	Open Gym 1/2 10:30-4:00pm	12:00pm
12:30pm								12:30pm
1:00pm	Open Gym 1:30-10:00pm	Open Gym 2:00-5:00pm	Open Gym 1:30-5:00pm	Open Gym 2:00-4:00pm	Open Gym 1:30-5:30pm	Open Gym 4:00-5:00pm	Open Gym 4:00-6:00pm	1:00pm
1:30pm								1:30pm
2:00pm								2:00pm
2:30pm								2:30pm
3:00pm								3:00pm
3:30pm								3:30pm
4:00pm								4:00pm
4:30pm	Youth Sports 1/2 5:00-6:00pm	Open Gym 1/2 5:00-6:00pm	Youth Sports 1/2 5:00-6:00pm	Open Gym 1/2 5:00-6:00pm	Youth Sports 1/2 4:00-6:00pm	Open Gym 1/2 4:00-6:00pm	Open Gym 1/2 5:00-7:00pm	4:30pm
5:00pm								5:00pm
5:30pm	Open Gym 1:30-10:00pm	Open Gym 2:00-5:00pm	Open Gym 1:30-5:00pm	Open Gym 2:00-4:00pm	Open Gym 1:30-5:30pm	Open Gym 4:00-5:00pm	Open Gym 4:00-6:00pm	5:30pm
6:00pm								6:00pm
6:30pm	Open Gym 6:00-10:00pm	Open Gym 6:00-10:00pm	Open Gym 6:00-10:00pm	Open Gym 6:00-10:00pm	Open Gym 6:00-10:00pm	Open Gym 7:00-8:00pm	Facility Closes @ 6:00pm	6:30pm
7:00pm								7:00pm
7:30pm	Open Gym 6:00-10:00pm	Open Gym 6:00-10:00pm	Open Gym 6:00-10:00pm	Open Gym 6:00-10:00pm	Open Gym 6:00-10:00pm	Open Gym 7:00-8:00pm	Facility Closes @ 8:00pm	7:30pm
8:00pm								8:00pm
8:30pm	Open Gym 6:00-10:00pm	Open Gym 6:00-10:00pm	Open Gym 6:00-10:00pm	Open Gym 6:00-10:00pm	Open Gym 6:00-10:00pm	Open Gym 7:30-10:00pm	Facility Closes @ 8:00pm	8:30pm
9:00pm								9:00pm
9:30pm	9:30pm							
9:45pm	9:45pm							
10:00pm	10:00pm							

The YMCA reserves the right to make changes at any time. Schedules are also available at TheCommunityYMCA.org.