



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

DIVE INTO COMPETITION

Summer Rockets Swim Team

Summer league swimming is a great way to experience the sport of competitive swimming and improve times in a fun atmosphere! Swimmers between the ages of 5 and 14 years old that are interested in signing up for the Summer Rockets swim team must be able to swim across the pool without stopping or using a flotation device. Swimmers will have the option to practice at either our Camp Zehnder or Red Bank locations. Swim meets are typically held on Tuesday or Thursday evenings (schedule TBD).

WHEN

RED BANK PRACTICE

Monday, Wednesday and Friday
10 and under will practice 4:00 – 5:00 pm
11 & over will practice 4:45 – 6:00 pm

CAMP ZEHNDER PRACTICE

Monday through Thursday
7:00 – 8:15 am

All practices will begin the week of **June 25**

REGISTRATION

In-person registration is required. The Welcome Center at Red Bank will accept registration during any of our regular facility hours. Registration can also be completed at Camp Zehnder **between 6:00 – 7:30 pm** on the following dates:

Thursday, 5/24

Thursday, 5/31

Thursday, 6/7

Participation fee: \$175 for YMCA members, \$225 for non-YMCA members



CONTACT

For more information please contact Jaimie Hinshelwood by emailing aquatics@cymca.org

THE COMMUNITY YMCA

Camp Zehnder

3911 Herbertsville Road
Wall, NJ 08724
P. 732.836.9177

Family Health & Wellness

166 Maple Avenue
Red Bank, NJ 07701
P. 732.741.2504

TheCommunityYMCA.org



Here for all.

Financial assistance is offered
based on availability of funds.