



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

DO GOOD. FEEL GOOD!

Teens who engage in community service develop skills that will benefit them throughout their lives.

Volunteering gives teens a chance to become involved with their peers and community in a meaningful way that can give them important professional and social experiences, improve their mental health, and promote new

friendships. They gain firsthand knowledge about social justice issues and are more likely to become vocal participants in political and social change. Join us for a workshop to explore more about ways that teens can mobilize to become agents of change at home and abroad.



Presented by Jackie Normyle, Teen Development Specialist
The Community YMCA Arts and Outreach Team

> Wednesday, Dec. 6, 2017 | 7-8:30 p.m.

Held at the Red Bank Public Library | 84 West Front Street | Red Bank

RSVP, and for more information, contact jnormyle@cymca.org.

THE COMMUNITY YMCA

Arts & Outreach

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TheCommunityYMCA.org



Here for all.

Financial assistance is offered
based on availability of funds.