



FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

# BUILDING CONFIDENCE WITH EVERY STROKE

## Summer Swim Programs



**8 Week Session:** classes will meet once a week June 26 through August 20.

- > **Cost:** \$144 for 30 minute **Preschool** classes, \$165 for 45 minute **Youth** classes
- > **Registration** will open on June 5.

### Parent & Child

**Monday** 9:45am  
**Wednesday** 9:45am  
**Friday** 9:45am  
**Saturday** 9:00am or 10:00am  
**Sunday** 9:00am or 10:00am

### 1. Water Acclimation- Preschool

**Monday** 8:45am, 9:15am, 10:15am  
or 10:45am  
**Wednesday** 8:45am, 9:15am,  
10:15am or 10:45am  
**Friday** 8:45am, 9:15am, 10:15am or  
10:45am  
**Saturday** 9:00am, 9:30am or  
10:30am  
**Sunday** 9:00am or 9:30am

### 2. Water Movement- Preschool

**Monday** 8:45am, 9:15am or 9:45am  
**Wednesday** 8:45am, 9:15am or  
9:45am  
**Friday** 8:45am, 9:15am or 9:45am  
**Saturday** 8:30am, 9:30am or  
10:00am  
**Sunday** 9:30am, 10:00am or  
10:30am

### 3. Water Stamina- Preschool

**Monday** 10:15am  
**Wednesday** 10:15am  
**Friday** 10:15am  
**Saturday** 10:30am  
**Sunday** 10:30am

### 4. Stroke Introduction- Preschool

**Saturday** 8:00am

### 1. Water Acclimation- Youth

**Monday** 10:45am  
**Wednesday** 10:45am  
**Friday** 10:45am  
**Sunday** 8:15am

### 3. Water Stamina- Youth

**Monday** 8:00am  
**Wednesday** 8:00am  
**Friday** 8:00am  
**Sunday** 8:15am

### 4. Stroke Introduction- Youth

**Saturday** 8:15am

## 2 WEEK SWIM LESSONS: classes will meet for 30 minutes Monday-Thurs

- > **Session 1:** June 12 – June 22
- > **Session 2:** June 26 – July 7 (no class on July 4, will meet on July 7)
- > **Session 3:** July 10 – July 21
- > **Session 4:** July 24 – August 4
- > **Session 5:** August 7 – August 18

### 1. Water Acclimation- Preschool

4:00pm, 4:30pm

### 2. Water Movement- Preschool

4:00pm, 4:30pm or 5:30pm

### 3. Water Stamina- Preschool

5:00pm

### 1. Water Acclimation- Youth

5:00pm

### 3. Water Stamina- Youth

5:30pm



## SWIM SPECIALTY CAMP

June 12\*-August 18 (Monday-Friday)

Ages 3 & up

A three-hour camp will meet from 9:00-12:00pm each day, rotating between swimming/skill development and fun activities. Each day, children will spend 90 minutes in the water and 90 minutes having fun in structured, camp-based activities. This is a great camp for kids who love the water, or want to try something new while developing their swim skills. Must be toilet trained to participate.

- > **Cost:** \$180

### Extend The Fun!

Campers join our afternoon day camp programs where the fun continues until 4 p.m.

Transportation is available for this program for an additional fee.

\*Extend the Fun not available June 12-16.

- > **Cost:** \$190 additional for 1 week sessions

## THE COMMUNITY YMCA

Camp Zehnder

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Wall, NJ 08724

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swimandmore@cymca.org

TheCommunityYMCA.org



Here for all.

Financial assistance available