



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

SPRING 2 SWIM LESSON SCHEDULE

PARENT & CHILD STAGES | 30 MINUTES | 7-Week Session price: \$ 128

PARENT & CHILD STAGES	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
A. WATER DISCOVERY 6 - 18 MONTHS	10:00 am	9:30 am					9:00 am
B. WATER EXPLORATION 19 - 36 MONTHS	10:30 am		10:00 am			10:00 am	10:00 am
PARENT & CHILD COMBO 6 - 36 MONTHS	6:00 pm				9:30 am	9:00 am	

PRESCHOOL STAGES | 30 MINUTES | 7-Week Session Price: \$128

PRESCHOOL STAGES	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
1. WATER ACCLIMATION 3 - 5 YEARS	9:30a 10:00a 10:30a 11:00a 11:30a 1:00p 4:45 pm	9:00a 10:00a 10:30a 11:00a 4:00 pm	10:00 am	10:30 am	10:00 am 10:30 am 4:30 pm	8:30 am 9:00 am	8:30a 9:00a 9:30 am 10:00 am
2. WATER MOVEMENT 3 - 5 YEARS	9:30a 10:00a 10:30a 11:00a 11:30a 12:30p 1:00p 1:30p 4:45 pm	10:00a 10:30a 11:00 am 4:30 pm	10:30 am 11:00 am 4:45 pm 5:15 pm	9:30 am 10:00 am	10:30 am 11:30 am 4:30 pm	8:30 am 9:30 am 11:00 am	8:30 am 9:00 am 9:30 am 10:30 am
3. WATER STAMINA 3 - 5 YEARS	9:30 am 10:00 am 4:45 pm		5:15 pm	4:45 pm	11:00 am 5:00 pm	10:00 am	11:00 am
4. STROKE INTRODUCTION 3 - 5 YEARS					11:00 am	9:30 am 10:30 am	10:30 am

YOUTH STAGES | 45 OR 60 MINUTES | Session Price: \$ 144 for 45 MINUTES; \$162 for 60 MINUTES

YOUTH STAGES	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
1. WATER ACCLIMATION 6 - 12 YEARS, 45 MINUTES		4:30 pm 5:00 pm	5:15 pm	4:30 pm	4:30 pm	9:15 am	
2. WATER MOVEMENT 6 - 12 YEARS, 45 MINUTES						8:30 am	
3. WATER STAMINA 6 - 12 YEARS, 45 MINUTES	4:15 pm	3:45 pm 5:00 pm	3:45 pm 4:30 pm	3:45 pm	3:45 pm 5:15 pm	9:00 am 9:45a 10:15a	8:45 am 9:45 am
4. STROKE INTRODUCTION 6 - 12 YEARS, 45 MINUTES	5:15 pm			6:00 pm		10:30 am	10:30 am
5. STROKE DEVELOPMENT 6 - 12 YEARS, 60 MINUTES		6:00 pm		6:00 pm		11:15 am	11:15 am
6. STROKE MECHANICS 6 YEARS & UP, 60 MINUTES				6:45 pm		11:15 am	11:15 am

THE COMMUNITY YMCA

Camp Zehnder

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Here for all.

Financial assistance is offered based on availability of funds.