



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

FALL 1 SWIM LESSON SCHEDULE

PARENT & CHILD STAGES | 30 MINUTES | 7 Week Session Price: \$ 128

PARENT & CHILD STAGES	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
A. WATER DISCOVERY 6 - 18 MONTHS	9:30 am	9:30 am	9:30 am	9:30 am	9:30 am	9:00 am	9:00 am
B. WATER EXPLORATION 19 - 36 MONTHS	10:00 am	10:00 am	10:00 am	10:00 am	10:00 am	10:00 am	10:00 am

PRESCHOOL STAGES | 30 MINUTES | 7 Week Session Price: \$128

PRESCHOOL STAGES	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
1. WATER ACCLIMATION 3 - 5 YEARS	9:30a 10:00a 10:30a 11:00a 4:00p 5:00p	9:30a 10:00a 10:30a 11:00a 4:00p 5:00p	9:30a 10:00a 10:30a 11:00a 4:00p 5:00p	9:30a 10:00a 10:30a 11:00a 4:00p 5:00p	9:30a 10:00a 10:30a 11:00a 4:00 pm	9:00 am 9:30 am 10:30 am	9:00 am 9:30 am 10:30 am
2. WATER MOVEMENT 3 - 5 YEARS	9:30a 10:00a 10:30a 11:00a 4:00 pm 4:30 pm	9:30a 10:00a 10:30a 11:00a 4:00 pm 4:30 pm	9:30a 10:00a 10:30a 11:00a 4:00 pm 4:30 pm	9:30a 10:00a 10:30a 11:00a 4:00 pm 4:30 pm	9:30a 10:00a 10:30a 11:00a 4:00 pm	9:00 am 9:30 am 10:00 am 10:30 am	9:00 am 9:30 am 10:00 am 10:30 am
3. WATER STAMINA 3 - 5 YEARS		4:30 pm		4:30 pm	4:30 pm	9:30 am	10:00 am
4. STROKE INTRODUCTION 3 - 5 YEARS	4:30 pm		4:30 pm			10:00 am	9:30 am

YOUTH STAGES | 45 OR 60 MINUTES | Session Price: \$ 145 for 45MINUTES; \$162 for 60MINUTES

YOUTH STAGES	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
1. WATER ACCLIMATION 6 - 12 YEARS 45 MINUTES	5:45 pm		5:45 pm		4:30 pm	9:30 am	9:30 am
2. WATER MOVEMENT 6 - 12 YEARS 45 MINUTES							
3. WATER STAMINA 6 - 12 YEARS 45 MINUTES	5:00 pm		5:00 pm		5:00 pm	8:45 am 10:30 am	8:45 am 10:30 am
4. STROKE INTRODUCTION 6 - 12 YEARS 45 MINUTES		5:00 pm		5:00 pm		10:15 am	10:15 am
5. STROKE DEVELOPMENT 6 - 12 YEARS 60 MINUTES		5:45 pm		5:45 pm		11:00 am	11:00 am
6. STROKE MECHANICS 6 YEARS & UP 60 MINUTES		5:45 pm		5:45 pm		11:00 am	11:00 am

THE COMMUNITY YMCA

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Here for all.

Financial assistance is offered based on availability of funds.