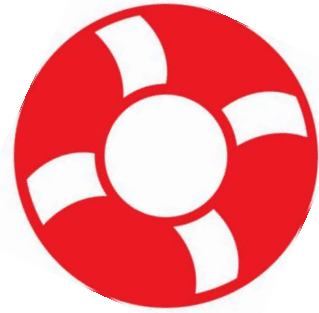




FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY



LIFE SAVING SKILLS

Lifeguard Certification Course

Through classroom learning and hands-on practice in and out of the water, you'll learn: Surveillance skills to help you recognize and prevent injuries, rescue skills - in the water and on land, first aid training and professional rescuer CPR with AED.

JANUARY/ FEBRUARY COURSE

Select one of the following dates for the mandatory Pre-Test:
January 26 at 7:00 pm or
January 27 at 12:00 pm
Sunday, January 28
Sunday, February 4
Sunday, February 18
Sunday, February 25

APRIL COURSE

Select one of the following dates for the mandatory Pre-Test:
April 6 at 7:00 pm or
April 7 at 12:00 pm
Sunday, April 8
Sunday, April 15
Sunday, April 22
Sunday, April 29

MAY/JUNE COURSE

Select one of the following dates for the mandatory Pre-Test: May 4 at 7:00 pm or May 5 at 12:00 pm
Sunday, May 6
Sunday, May 20
Sunday, May 2
Sunday, June 3

Lifeguard candidates must attend all scheduled classes from 12:00 – 5:00 pm, there are no make-up sessions.

COST

\$20 for the pre-test, \$350 for the full course
Course fees include American Red Cross Lifeguarding, First Aid, CPR & AED, as well as a resuscitation mask. Student manual can be downloaded online at www.redcross.org or can be purchased at YMCA Camp Zehnder for an additional fee, while supplies last.

For more information please contact Alicia Kelly, 732. 836. 9177 or akelly@cymca.org

THE COMMUNITY YMCA

Lass Aquatics Center at Camp Zehnder

3911 Herbertsville Road
Wall, NJ 08724

P. 732.836.9177

swimandmore@cymca.org

TheCommunityYMCA.org



Here for all.

Financial assistance is offered based on availability of funds.